

رزومه آموزشی-پژوهشی

تاریخ بروزرسانی: تیر ۱۴۰۵

نام و نام خانوادگی: سیما زهری انبوهی

استادیار گروه پرستاری داخلی جراحی

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علاقه پژوهشی:

- مراقبت های اورژانس
- مفاهیم آموزش و یادگیری
- مدیریت درد
- مفاهیم پرستاری

سوابق تحصیلی و شغلی

۱ - وضعیت تحصیلی

الف - نوع مدرک: دکترای

رشته تحصیلی: پرستاری

سال اخذ: ۱۳۹۴

محل اخذ: تهران - دانشگاه علوم پزشکی بقیه الله

ب - نوع مدرک: کارشناسی ارشد



رشته تحصیلی: آموزش پرستاری

سال اخذ: ۱۳۷۴

محل اخذ: تهران - دانشگاه علوم پزشکی ایران

ج - نوع مدرک: کارشناسی

رشته تحصیلی: پرستاری

سال اخذ: ۱۳۶۶

محل اخذ: تهران - دانشگاه علوم پزشکی ایران

۲ - نام سازمان محل خدمت

الف - کارشناس پرستاری ، بیمارستان شفايحيائيان از سال ۱۳۶۶ لغایت مهر ۱۳۶۸

ب - اشتغال به کار در دانشکده پرستاری مامایی دانشگاه علوم پزشکی شهید بهشتی از آبان ۱۳۶۸ تا کنون:

تدریس نظری/عملی / کارآموزی از بدو استخدام تا سال ۱۳۷۸ به عنوان کارشناس و کارشناس ارشد پرستاری در دانشکده

تدریس نظری/عملی / کارآموزی از سال ۱۳۷۸ تا کنون به عنوان هیات علمی

۳-سوابق آموزشی

مباحث مورد تدریس: تئوری/عملی/کارآموزی

الف - مقطع کارشناسی

اختلالات قلب و عروق، تنظیم خانواده و جمعیت شناسی، هماتولوژی، فوریت های پرستاری و پرستاری بحران، اختلالات تناسلی و پستان، اختلالات کلیوی، آموزش به مددجو، اداره ی درد، ارتباط و ارتباط

درمانی، گزارش نویسی، معاینات بالینی و نشانه شناسی، اصول و مبانی پرستاری (فن پرستاری)، مسمومیت ها، تروما، تریاژ، فوریت های داخلی/طبی

ب - مقطع کارشناسی ارشد

تغییر و تصمیم گیری، معاینات بالینی و نشانه شناسی ، پرستاری پیوند اعضا، آموزش به مددجو، آموزش بالینی، روش تحقیق، اداره ی درد، نظریه ها و تئوری های پرستاری، اختلالات قلب و عروق،

مسمومیت ها، تروما، تریاژ، مبانی مراقبت های پرستاری ویژه

ج - مقطع دکترا

مباحث ویژه در پرستاری، معاینات بالینی و نشانه شناسی (دکترای تخصصی فارماکولوژی بالینی) ، فلسفه علم پرستاری

د- تدریس در ۶۰ دوره بازآموزی / کارگاه از سال ۱۳۷۸ تا کنون

۴-فعالیت پژوهشی

-استاد راهنما /مشاور ۵۶ مورد پایان نامه کارشناسی ارشد، ۷ رساله دکترا

-مجری اول یا همکار طرح در ۲۳ طرح پژوهشی

-ارائه ۴۲ مقاله در همایش و کنگره های داخلی و بین المللی

سمت های اجرایی

- دبیر اولین همایش سراسری ایدزآزپیشگیری تا نوتوانی. تهران. اسفند ۱۳۸۴
- دبیر اجرایی دومین همایش سراسری پرستاری بحران. تهران. دی ۱۳۸۵
- دبیر اجرایی سومین همایش سراسری پرستاری بحران. تهران. دی ۱۳۸۶
- عضو کمیته کشوری پرستاری بحران وزارت بهداشت درمان و آموزش پزشکی سال ۱۳۸۵ (مشارکت در طراحی سه دوره مجزای شش ماهه، سه ماهه، و TOT تربیت پرستار متخصص بحران، مشارکت در طراحی و اجرای کارگاه آموزشی یک ماهه اورژانسهای پرستاری)
- تجهیز و راه اندازی کارگاه مهارت های بالینی تروما دانشکده پرستاری مامایی دانشگاه علوم پزشکی شهید بهشتی در سال ۱۳۸۷
- مسئول کمیته CPR دانشکده پرستاری و مامایی از سال ۱۳۸۶ لغایت ۱۳۸۹
- مربی ارشد بیمارستان لبافی نژاد از سال ۱۳۸۰ لغایت ۱۳۸۷
- عضو شورا پژوهشی دانشکده پرستاری و مامایی دانشگاه علوم پزشکی شهید بهشتی از ۱۳۸۹ لغایت ۱۴۰۰
- رئیس بخش گروه داخلی جراحی از سال ۱۳۸۷ لغایت ۱۴۰۱ به صورت متناوب
- مدیر گروه پرستاری داخلی جراحی از سال ۱۳۸۹ لغایت ۱۳۹۲
- مدیر تحصیلات تکمیلی دانشکده پرستاری و مامایی از سال ۱۳۹۷ لغایت تابستان ۱۴۰۰
- معاون آموزشی، فرهنگی و دانشجویی مجتمع آموزش عالی سلامت ورامین از فروردین ۱۴۰۰ تا کنون
- ناظر آموزش بالینی بیمارستان شهید لبافی نژاد از مهر ۱۴۰۴ تا کنون

کتاب ترجمه شده

- زهری انبوهی س. و همکاران. اصول مراقبت از بیمار دوگاس. ۲ جلدی انتشارات گلبن. ۱۳۸۲.
- زهری انبوهی س. و همکاران. درسنامه پرستاری بیماریهای داخلی جراحی VII (اختلالات تناسلی و پستان) لاکمن انتشارات آییژ. ۱۳۸۳.
- زهری انبوهی س. و همکاران. مراقبتهای پرستاری اولریچ (راهنمای برنامه ریزی). ۳ جلدی. انتشارات گلبن. ۱۳۸۴.
- زهری انبوهی س. و همکاران. بلاک و هوکس ویرایش هفتم ۲۰۰۵ (پرستاری داخلی جراحی II). تهران. نشر جامعه نگر. ۱۳۸۶.
- زهری انبوهی س. و همکاران. پرستاری کودکان مارلو و ونگ. انتشارات گلبن. ۱۳۸۶.
- زهری انبوهی س. و نیک روان، ملاحت. اورژانس و کمک های اولیه برای پرستاران. نشر سالمی ۱۳۸۷.

کتاب تالیف شده

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- زهری انبوهی س. و دیگران. اداره مصدوم دچار تروما (پرستاری بحران ۴). تهران. نور دانش. ۱۳۸۵.
- زهری انبوهی س. و دیگران. اداره مصدوم دچار آسیب های محیطی و مسمومیت ها (پرستاری بحران ۵). نور دانش. ۱۳۸۵.
- زهری انبوهی س. و دیگران. اداره مصدوم دچار سوختگی. (پرستاری بحران ۶). نور دانش. ۱۳۸۵.
- زهری انبوهی س. و دیگران. اورژانس های زنان و زایمان در وضعیت بحران. (پرستاری بحران ۸). نور دانش. ۱۳۸۵.
- زهری انبوهی س. و دیگران. اداره مصدومین حوادث شیمیایی، هسته ای و میکروبی (پرستاری بحران ۹). نور دانش. ۱۳۸۵.
- زهری انبوهی س. و دیگران. فوریت های رفتاری (پرستاری بحران ۷). نور دانش. ۱۳۸۶.
- زهری انبوهی س. و دیگران. CPR در صحنه (پرستاری بحران ۳). نور دانش. ۱۳۸۶.
- زهری انبوهی س. و دیگران. راهنمای برنامه ریزی آموزش دوره های کوتاه مدت پرستاری بحران. نور دانش. ۱۳۸۶.

- زهری انبوهی س، نیک روان ملاحظت . درسنامه مراقبت های پرستاری در اختلالات قلبی و عروقی. انتشارات نوردانش. ۱۳۸۸
- زهری انبوهی و دیگران . درسنامه پرستاری حرفه ای: مفاهیم پایه ۱ و ۲. موسسه انتشاراتی جامعه نگر. ۱۴۰۳

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